

Blood sugar and instructions

too high

- before meal > 100 mg/dl
- 2h after > 180 mg/dl



time between insulin and eat

- > 150: 10 min
- > 200: 20 min
- > 300: no eat

repeated correction:

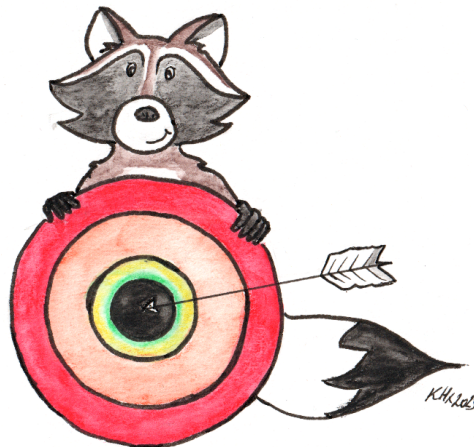
- check insulin supply, stitch point and catheter
- change insulin, catheter/ pod/ needle and stitch point
- check blood sugar
- check blood ketone
- no sport

Blutketon-check

- **0-0,5**: normal - correction
- **0,6-1**: slightly increased - corr.
- **1-3**: increased - double insulin
- **>1,5 + symptoms** - hospital
- **>3**: very high - into hospital

target range

- before meal 70-100 mg/dl
- 2h after < 180 mg/dl
- blood sugar check every 2h
- insulin before next meal



too low: < 70 mg/dl

- insulin after meal
- no sport
- glucose
- check after 15 min



unconsciousness:

- interrupt insulin supply
- stabile side position
- give glucagon
- call the ambulance
- kid will wake up
- eat something to stabilize the blood sugar